

# saxtys

RESTAURANT  
*Wine Bar*  
& LATE NIGHT CLUB ●●●●●●●●

## ALLERGEN LISTING

Our Allergy list is based on complete dishes as listed on the menu, if you have a specific dietary requirement, please let us know and we can advise as to whether an ingredient can be substituted or a dish otherwise adapted.

Some dishes cannot be adapted but with fresh ingredients in our kitchen we can usually make something up "off menu" for you. Please advise us on ordering whether you are severely allergic or whether you do have a degree of tolerance.

We understand some dietary needs are medical and uncompromising and others are lifestyle choices which may tolerate some low levels. A good example of this is chips. Our chips are cooked in the same fryer as breaded items, therefore they are not suitable for Coeliacs, however someone who has elected not to eat wheat products may decide that the chips are suitable for them. By discussing your requirements with our team, we can offer you the best possible advice when it comes to dining with us.

We prepare our food to our own recipes and freshly to order, and sometimes this mean different dishes take varying times to cook. Please be patient with us at busy times or let us know you if are in a hurry.

We have made every effort to ensure this list is accurate and up to date, but if you are uncertain about something, please do ask us.

We make every effort to avoid cross contamination in our kitchen, however please do be aware that all food items are prepared in the same room, therefore if you have a severe allergy, please do let us know so we can take every extra effort.

As far as we are aware, all of our food is gm free - we buy locally sourced produce wherever possible and always from trusted suppliers.



## FORK BUFFETS AND BARBECUES

DISH	GLUTEN	MILK	EGG	CRUSTACEANS	FISH	MOLLUSCS	CELERY	MUSTARD	SESAME	SULPHITES	NUTS	SOYA	LUPIN	PEANUTS
Chicken Curry, Rice	•										•		•	
Beef, Mushroom Cannelloni, Bread	•	•	•							•				
Med Veg Pasta	•													
Cold Meat Platter, Potato Salad			•					•		•				
Seafood Noodle Salad	•		•	•	•	•			•		•		•	
Steamed Salmon, Dill New Potato					•								•	
Roast Pork Rolls	•		•							•	•		•	
Pork Hot Dogs	•									•			•	
Marinated Minute Steak														
Salmon, Tiger Prawn Skewers				•	•				•					
Butterfly Peri Peri Chicken											•			
Mushroom, Pepper, Courgette Kebab										•				
Steak Burger	•													
Chicken Burger										•				
Spiced Vegetable Burger	•	•	•											
New Potato and Spring Onion Salad			•											
Spiced Potato Wedges, Chips	•													
Minted New Potato,														
Homemade Coleslaw			•											
Sweet Pepper Chilli and Olive Penne	•		•							•			•	
Beetroot and Five Been Salad														
Greek Salad		•												
Italian Salad		•												
Mixed Salad Leaves														
Chocolate Fudge Cake, Cream	•	•	•								•			
Profiterole, Chocolate Sauce	•	•	•								•			
Fruit Crumble, Custard	•	•	•							•	•			
Fruit Salad														
Homemade Cheesecake	•	•								•			•	

